# Email Templates Vivos\*

Subject Line 1: "Unlock Better Sleep for Your Family with Our Dental Devices"

Subject Line 2: "Say Goodbye to Sleepless Nights with Our Revolutionary Solutions"

Subject Line 3: "Transform Your Sleep Quality Today - Limited Appointments Available!"

# Dear Sleep Seekers,

If you're like many families, navigating the challenges of sleepless nights can feel like a never-ending struggle. The tossing and turning, the frustration, and the exhaustive search for a solution that actually works. It's a journey I know all too well, not just as an individual but as a professional committed to transforming sleep quality for families like yours.

As we observe National Sleep Awareness Week, I'm thrilled to introduce a breakthrough revolutionizing how we approach sleep: Vivos CARE oral appliance therapy. What sets this solution apart is its unique clearance to treat mild to moderate Obstructive Sleep Apnea (OSA) and severe OSA. This is a distinction that no other appliance on the market holds, offering new hope for those who have struggled to find effective treatment options.

As a Vivos-trained provider, I'm equipped with various additional tools designed to meet you and your family exactly where you are in your health journey. Our goal? To guide you toward a future of restorative and restful sleep. Imagine the relief of finally finding a solution that addresses the root cause of sleep disturbances, offering a path to nights filled with peaceful, uninterrupted sleep and mornings brimming with energy and vitality.

The Vivos CARE, oral appliances therapy, isn't just about improving sleep and transforming lives. Our patients have shared stories of remarkable change— adults overcoming long-standing sleep issues and families experiencing mornings filled with laughter instead of exhaustion.

We're excited to extend a special, limited-time offer to new clients to celebrate National Sleep Awareness Week and help you embark on your journey to better sleep. Book your consultation during National Sleep Awareness Week and receive a complimentary Sleep Health Assessment (a \$250 value) and 10% off your first Vivos CARE oral appliance therapy. This offer is our way of making it easier for you and your family to access a solution that has transformed the lives of many.

Availability is limited, so I encourage you to take the first step toward transforming your sleep quality—and, with it, your overall quality of life. Good sleep is essential, not a luxury, and it's within reach. Together, we can say goodbye to sleepless nights and hello to mornings filled with joy and energy.



Subject: Unlock Better Sleep & Health During National Sleep Week with Our Exclusive Offer!

# Dear [Patient Name],

As National Sleep Week approaches, we're reminded of the profound impact sleep has on our overall health and well-being. At [Dental Practice Name], we're committed to not just your dental health, but also to ensuring you enjoy the rejuvenating benefits of quality sleep. Did you know that your oral health plays a crucial role in achieving a restful night's sleep?

Research shows that dental issues, such as misaligned jaws or sleep apnea, can significantly disrupt sleep patterns, leading to fatigue, mood swings, and even more serious health problems over time. This is where we can help. Our practice offers innovative solutions, like Vivos Appliances, designed to address these dental challenges and open the door to improved sleep and health.

Vivos Appliances are a revolutionary approach to treating sleep-disordered breathing issues, including sleep apnea and snoring, without the need for invasive surgery or uncomfortable CPAP machines. By gradually expanding the airway, these custom-made devices ensure a smoother, unobstructed breathing pattern throughout the night, enhancing your sleep quality and oxygen intake.

The benefits of better sleep extend far beyond just feeling more rested. Improved sleep can enhance your immune system, increase cognitive function, and even contribute to a healthier heart. By addressing your dental health, you're taking a critical step towards unlocking these benefits and improving your quality of life.

In celebration of National Sleep Week, we're excited to offer you an exclusive [Discount Amount]% discount on your initial consultation and fitting for Vivos Appliances. Take the first step towards transformative sleep and health by scheduling your appointment with us today. This special promotion is our way of helping you embrace a healthier, more vibrant life.

Don't let another restless night affect your health and well-being. Contact us at [Contact Information] to learn more about how Vivos Appliances can change the way you sleep and live. Let's make this National Sleep Week the beginning of your journey to better sleep and health.

Warm regards,



Subject: Unlock the Secrets to Quality Sleep and Transform Your Health

### Dear [Patient's Name],

I hope this message finds you well. Today, I want to share with you something that is often overlooked but is a cornerstone of our health and well-being: the quality of our sleep. It's not just about the quantity of hours we spend asleep but the quality of that sleep which truly rejuvenates and prepares us for the day ahead.

# What Does Quality Sleep Mean?

Quality sleep is characterized by several factors, including the ability to fall asleep within 15-20 minutes of lying down, sleeping uninterrupted for 7-9 hours, and waking up feeling refreshed and alert. It's a state where your body and mind undergo repair and rejuvenation, allowing for memory consolidation, muscle growth, and the release of hormones regulating growth and appetite.

The benefits of quality sleep cannot be overstated, impacting everything from your mood and cognitive function to your physical health. It reduces the risk of chronic diseases, improves immunity, and even aids in weight management.

# Why the Focus on Quality Sleep?

Our modern lifestyle, with its myriad distractions and stresses, can significantly impede the quality of our sleep. Issues like sleep apnea, which can severely disrupt sleep patterns, often go unnoticed. This is where we want to help.

### Introducing Our Special O er: Sleep Quality Screening with the VivoScore Ring

We're excited to invite you into our dental practice for a specialized sleep quality screening using the innovative VivoScore Ring. This cutting-edge device is worn on your finger overnight and uses advanced sensors to measure your oxygen levels, heart rate, and overall sleep quality. It's an effortless and non-invasive way to gain invaluable insights into your sleep patterns.

### **Special Promotion: Your Path to Better Sleep**

For a limited time, we're offering this comprehensive screening at a promotional rate of just \$75. It's an excellent opportunity to take that first step towards understanding and improving the quality of your sleep.



### **Benefits of the VivoScore Ring:**

- Detailed Sleep Analysis: Gain insights into your sleep stages, disturbances, and overall sleep quality.
- **Identify Sleep Disorders:** Early detection of conditions like sleep apnea, which can be treated to improve sleep quality dramatically.
- Tailored Recommendations: Based on your screening results, we can offer personalized advice and solutions to enhance your sleep quality.

# **Take the First Step Towards Transformative Sleep**

Quality sleep is foundational to your health and quality of life. We're here to support you on your journey to achieving the restful, restorative sleep you deserve.

Please reply to this email or call us at [Your Practice's Phone Number] to schedule your screening. Remember, this special promotion is available for a limited time, so don't hesitate to take the first step towards transformative sleep.

Wishing you health and happiness,



Subject: Unlocking A Possible Secret to Your Child's Better Sleep and Dental Health

# Dear [Parent's Name],

I hope this message finds you and your family well. As a dedicated member of our dental community, I understand the deep connection between a child's sleep patterns and their overall dental health. Recent studies and our experience have shown that inadequate sleep can not only affect a child's mood and performance but also have significant implications on their dental development, particularly concerning the jaw.

A not-so-well-known fact is that an underdeveloped jaw can be a silent indicator of sleep disturbances in children. Such dental clues are often overlooked, yet they play a crucial role in not only ensuring optimal oral health but also in promoting better sleep patterns. An underdeveloped jaw can lead to narrow airways, contributing to disrupted sleep due to breathing diffculties. This condition, often unnoticed at a glance, can have far-reaching effects on a child's health, well-being, and even their academic performance.

Recognizing these signs early is crucial, and that's where we can step in to help. We are excited to introduce a groundbreaking solution to address these concerns - the Vivos Guides appliances. These innovative devices are designed to support the natural growth of your child's jaw, potentially enhancing their airway development. By addressing the root cause of sleep-related breathing issues, the Vivos Guides appliances can play a pivotal role in improving your child's sleep quality and overall health.

We believe that every child deserves the best start in life, which includes a healthy sleep pattern and a strong, properly developed jaw. If you've noticed your child struggling with sleep, or if you're concerned about their jaw development, I warmly invite you to bring them in for a consultation. Our team is eager to assess whether your child is a candidate for the Vivos Guides appliances and discuss how we can support their journey towards better sleep and dental health.

Your child's health and well-being are our top priorities. Let's take this step together to ensure they have the foundation for a lifetime of health and happiness.

Please contact our office at your earliest convenience to schedule an appointment. We are here to answer any questions you might have and to provide the support your family needs.

Warm regards,