

## AGENDA

# Empowering Women to Champion Airway

Total CE 14.75



### Friday, June 21, 2024 7.75 CE

8:00 am – 8:30 am	Breakfast and Registration	
8:30 am – 9:30 am	Kathleen Carson, DDS "Breathe Well, Sleep Better: The Vital Connection"	1.0 CE
9:30 am – 9:45 am	Morning Break	
9:45 am – 11:15 am	Kalli Hale, DDS "Creating Pivotal Moments for Your Patients"	1.5 CE
11:15 am – 12:15 pm	Rebekah Ehde, DDS "Optimizing Health Through Breath: Buteyko Techniques in Dentistry and Medicine"	1.0 CE
12:15 pm – 1:00 pm	Lunch	
1:00 pm – 2:00 pm	Manisha Witmans, MD "Sleep Disorders in Women"	1.0 CE
2:00 pm – 2:15 pm	Afternoon Break	
2:15 pm – 3:15 pm	Amy Dayries, DMD, FAIHM "Nutrition – Vitamins, Minerals and Sleep"	1.0 CE
3:15 pm – 4:15 pm	Brenda Donato, DDS "How I found my why? My journey to treating sleep disorder breathing"	1.0 CE
4:15 pm – 5:30 pm	Paul Nguyen, MD "Champion for Women's Health"	1.25 CE

### Saturday, June 22, 2024 7.0 CE

8:00 am – 8:30 am	Breakfast	
8:30 am – 9:30 am	Kassi Klein, DDS "Ahead of the Curve: Nurturing Children's Airway Health Through Early Action"	1.0 CE
9:30 am – 10:30 am	Deborah Bain, MD "Our Children are Modern Day Canaries"	1.0 CE
10:30 am – 10:45 am	Morning Break	
10:45 am – 11:45 am	Tammarie Heit, DDS "Infant, Children and Tongue Ties - Impacts on Airway Health"	1.0 CE
11:45 am – 12:30 pm	LeighAnne D'Avanzo "Myofunctional Therapy"	0.75 CE
12:30 pm – 1:15 pm	Lunch	
1:15 pm – 2:30 pm	Bahar Esmaili, DDS/Jane Brewer, DC "Beyond Boundaries: Navigate the Role of Fascia in Holistic Health"	1.25 CE
2:30 pm – 2:45 pm	Afternoon Break	
2:45 pm – 3:45 pm	Jonelle Crichton, DDS "Orthodontist Role in Sleep & Airway"	1.0 CE
3:45 pm – 4:45 pm	Odette Limosnero, MD "Tending to the Roots: Enhancing Women's Health Through Better Sleep"	1.0 CE
4:45 pm – 5:00 pm	Closing Comments	